



CLASS SCHEDULE

Hours of Operation: Monday, Wednesday, Thursday: **8 a.m. - 3 p.m.**,
Tuesday: **8 a.m. - 4 p.m.**, Friday: **8 a.m. - 12:30 p.m.**, Closed: Saturday and Sunday



MONDAY

Billiards8:00am — 3:00pm
Exercise Class.....9:00am — 10:30am
Arts & Crafts.....10:00am — 11:30am
Nutrition Program.....11:30am — 12:30pm
Crochet & Knitting.....12:00pm — 3:00pm
Tai Chi.....12:30pm—1:30pm



TUESDAY

Billiards.....8:00am — 4:00pm
Yoga.....9:00am — 10:00am
Dolls.....9:00am — 11:30am
Nutrition Program.....11:30am — 12:30pm
Lotería (1st & 3rd).....12:00pm — 1:00pm
Bingo.....1:00pm — 4:00pm
Learn Conversational English.....1:30pm — 2:30pm

WEDNESDAY

Billiards.....8:00am—3:00pm
Ceramics.....8:30am—11:00am
Exercise Class.....9:00am—10:30am
Nutrition Program.....11:30am—12:30pm
Tai Chi.....12:30pm—1:30pm
Card Making (1st & 3rd).....1:00pm—3:00pm
Rock Painting (2nd, 4th & 5th).....12:00pm—3:00pm



THURSDAY

Billiards.....8:00am — 3:00pm
Woodcarving.....8:30am — 10:00am
Yoga.....9:00am — 10:00am
Karaoke.....10:00am — 11:00am
Bunco (1st & 3rd).....10:30am — 12:00pm
Board Games (2nd & 4th).....10:30am — 12:00pm
Nutrition Program11:30am — 12:30pm
Quilting (1st & 3rd).....12:30pm — 3:00pm
Quilting (2nd, 4th, 5th).....11:00am — 3:00pm
Chair Volleyball.....1:00pm — 2:00pm



FRIDAY

Billiards.....8:00am—12:30pm
Fine Arts.....9:00am—12:30pm
Chess Club.....9:00am—10:30am
Exercise Class.....9:00am—10:30am
Movie Matinee (2nd & 4th).....11:00am—12:30pm
Nutrition Program.....11:30am—12:30pm



CITY OF
NORCO
HORSETOWN USA

SENIOR SERVICES

Hours of Operation: Monday, Wednesday, Thursday: 8 a.m. - 3p.m.,
Tuesday: 8 a.m. - 4 p.m., Friday: 8 a.m. - 12:30 p.m., Closed: Saturday and Sunday

Nutrition Program

Enjoy a hot, tasty & nutritional meal prepared by Sodexo Corporation & sponsored by Riverside County Office on Aging. Meals are served **Monday through Friday** from 11:30am-12:30pm. Suggested donation is \$3.00 for those 60 years & over. There is a \$6.00 fee for those under 60 but accompanying a registered participant. Registration is required. See front desk for a meal application.

Seniors & Pets

The Norco Seniors & Pets Relief Fund sponsors a breakfast and bingo on the **second Saturday** of each month from 9am-11:00am. Price of breakfast is \$4.00 per person. All proceeds go to the Norco Seniors and Pets Relief Fund.

Excursions

Love taking trips and exploring new places? The Rose M. Eldridge Senior Center offers two excursions each month for seniors who enjoy traveling. Please see front desk for more information.

Transportation Program

The Senior “door to door,” transportation program services City of Norco residents who are 50 years & older, able-bodied military veterans, and residents with disabilities of any age. This program provides free transportation to residents within a 30-mile radius outside of Norco city limits for necessary grocery shopping, medical visits, obtaining prescriptions, paying bills, postal services, banking, etc. Reservations are taken on a first-come first-served basis and residents are encouraged to make a trip request at least two weeks prior to their desired date.

To schedule transportation please call our front desk office at (951) 270-5647.

HI-CAP

The Health Insurance Counseling and Advocacy Program offers free, unbiased Medicare counseling to those seeking assistance. Every **4th Tuesday** of the month from 1:00pm-4:00pm. Call (800) 434-0222 or (909) 256-8369 to schedule an appointment.

Inland Counties Legal

The Inland Counties Legal Services is available to assist San Bernardino and Riverside County Residents 60 years & older on the **4th Thursday** of every other month from 8:00am—1:00pm. Call (800) 977-4257 between 8:45am and 4:45pm to schedule an appointment.

AARP Driver Safety

Need a refresher on your driver safety skills? AARP offers online driver safety classes at a discounted rate for drivers ages 50 & older. Classes are being offered with a 25% discount using promo code: Driving Skills. To enroll in the online class, please visit www.aarpdriversafety.org

S.T.A.R. Meeting

The S.T.A.R Meeting is a monthly meeting that showcases senior programs, allows for creative exchanges of ideas, and provides an opportunity for you to provide your input on issues impacting senior citizens. Meetings are held on the **1st Wednesday** of every month at 11:00am in our Crafts Room.

Informational Lobby Tables

Informational Tables are from 10:00 a.m. to 12:00 p.m. in the Lobby Area. View our newsletter for more information.

We strive to host inclusive, accessible events and meetings that enable all individuals, including individuals with disabilities, to engage fully. To request an accommodation or for inquiries about accessibility, please call 951.270.5647 or email

seniorcenter@ci.norco.ca.us 48 hours prior to the event.

Rose M. Eldridge Senior Center | 2690 Clark Avenue, Norco, CA 92860 | (951) 270-5647